

# STARCK TRUTH


2022/2



The George and Annie Starck Homes  
Home for the Elderly







God created the  
rose in the  
likeness of  
a woman.

The rose represents beauty.  
The stem represents strength.  
The petals are soft as skin,  
the fragrance pure and sweet.  
The leaves represent  
arms outstretched,  
always loving, always giving.  
Each time you look at  
this rose, remember...  
God made you special.



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## ***FROM THE OFFICE OF THE GENERAL MANAGER***

Time flies when having fun! It feels unreal that we are already in April and autumn. When we look back at what happened already these past three months, we can see growth, fun and lots of action.

Our pool is now done and looks beautiful with the new fiberglass and paving. Our Golf Day was a huge success, and we made R20 000 for our OT fund while having fun. Fernwood and Cherrywood are freshly painted and looks brand new.

All our activities are up and running, including our knitting group, exercises, carpet bowls, rummicub and library. Friday shopping is as popular as ever, and we are planning our next outing for the year.

Between all the entertainment from CCH productions, Valentine's celebration, and our auctions, we never have a dull moment here.

A warm welcome to all our new residents in Maryport, our Houses as well as the Woods. We are blessed to have you here and wish you a long and happy residency.

We will soon start with the renovations at Willow Lodge, which will take approximately eight months to finish. For safety reasons, we ask all residents to please avoid the building until after completion.

When you start living your life from a place of blessing, and not for blessings, you realise how much you have to be grateful for. We are truly blessed to work and live in such a beautiful environment, surrounded with amazing people.

God is good – all the time!



**GOD IS SAYING  
TO YOU NOW:**

Something stressful  
is about to exit your  
life to be replaced  
by a **blessing.**

**Amen.**





Behalwe al die ander aktiwiteite kan mens ook nog die tyd verwyd met kaartspeel. Hier is Heidie Schaemisch, Judy Potgieter en Julene Stephan besig met 'n potjie Rummy.

OOSTERZEE

- Bydrae deur Mev. Stephan

**I remember the 'good old days'**



**when 'snap, crackle and pop' were sounds  
I heard from my cereal, not my body!**



**Stof tot nadenke ...**

**Jy weet ..... tyd het 'n manier om vinnig te beweeg en jou onbewus te vang van die jare wat verbygaan.**

**Dit lyk net gister of ek jonk was en my nuwe lewe aanpak. Tog lyk dit op 'n manier soos eeue gelede, en ek wonder waarheen al die jare gegaan het.**

**Ek weet dat ek hulle almal geleef het.  
Ek het 'n blik op hoe dit destyds was en van al my hoop en drome.**

**Hier is dit egter ..... die laaste kwart van my lewe en dit verras my.  
Hoe het ek so vinnig hier gekom?  
Waar het die jare heen gegaan en waarheen het my jeug gegaan?**

**Ek onthou goed hoe ek ouer mense deur die jare gesien het en gedink het dat daardie ouer mense jare van my af was en dat ek net op die eerste kwartaal was en dat die vierde kwartaal so ver was dat ek dit nie kon visualiseer of ten volle kon indink wat dit sou wees nie.**

**Tog, hier is dit ..... my vriende is afgetree en word grys – hulle beweeg stadiger en ek sien nou 'n ouer persoon. Sommige is in 'n beter en sommige slegter vorm as ek, maar ek sien die groot verandering. Hulle is nie soos dié wat ek onthou wat jonk en lewendig was nie ... maar soos ek, begin hul ouderdom wys en ons is nou daardie ouer mense wat ons vroeër gesien het en nooit gedink het ons sou word nie.**

**Elke dag nou, vind ek dat net 'n stort 'n ware teiken vir die dag is! En 'n slapie is nie meer 'n bederf nie, dis verpligtend! want as ek dit nie uit vrye wil doen nie, raak ek aan die slaap waar ek sit!**

**En so ..... nou gaan ek hierdie nuwe seisoen van my lewe binne, onvoorbereid vir al die pyne en die verlies aan krag en vermoë om dinge te gaan doen wat ek wens ek gedoen het, maar nooit gedoen het nie! Maar ten minste weet ek dit, al is ek op die laaste kwartaal en ek is nie seker hoe lank dit sal duur nie, dat wanneer dit verby is op hierdie aarde ... dit verby is.  
'n Nuwe avontuur sal begin!**

**Ja, ek is spyt. Daar is dinge wat ek wens ek het nie gedoen nie ..... dinge wat ek moes gedoen het, maar daar is waarlik baie dinge wat ek gelukkig is om wel te kon doen.  
Dit is alles in 'n leeftyd.**

**So, as jy nog nie op die laaste kwartaal is nie, laat ek jou herinner dat dit vinniger hier sal wees as wat jy dink. So, wat jy ook al in jou lewe wil bereik, doen dit vinnig!**

**Moenie dinge te lank uitstel nie! Die lewe gaan so vinnig verby.  
So, doen wat jy kan vandag, want jy kan nooit seker wees of jy op die laaste kwartaal is of nie!**

**Jy het geen belofte dat jy al die seisoene van die lewe sal sien nie.... so, leef vir vandag en sê al die dinge wat jy wil hê jou geliefdes moet onthou - en hoop dat hulle jou waardeer en liefhet vir al die dinge wat jy vir hulle gedoen het in al die jare wat verby is!**

**'Lewe' is 'n geskenk aan jou.  
Wees gelukkig!  
Lekker dag!**

**-Verskaf deur Schoeman Roos**



# LEESKRING

Deur Mev. J Stephan

Leeskringlede kuier lekker saam na die boek van maandelikse boekbespreking.

'n Lys van boeke word vooraf opgestel, 'n boek vir elke maand. Lede lees almal die voorgeskrewe boek van die maand en kom die laaste Woensdag van die maand bymekaar om die boek te bespreek.

Die boeke wat gekies word is almal boeke wat letterkundige pryse of aanbevelings behaal het.

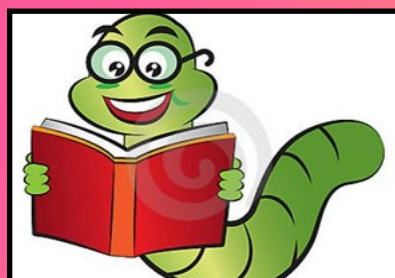
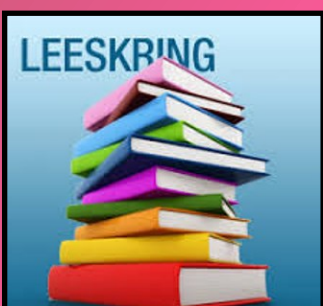
Biblioteke is baie behulpsaam en verskaf ekstra kopieë sodat almal kans kry om die boek in die voorgeskrewe tyd te lees.

Die Leeskring bestaan tans uit 8 lede.

Magriet Malan van Fernwood, stigter en leier van die Leeskring  
Elna Engelbrecht en Marianne Strydom van Cherrywood  
Julene Stephan van Oosterzee

Philna Sanders, Rita Myburgh, Annette Robertson en Ansie Burger-Maritz is die ander vier lede uit die omgewing buite Starck Homes.

Die boekbespreking aan die einde van die maand word beurtelings by 'n lid se woning gehou.

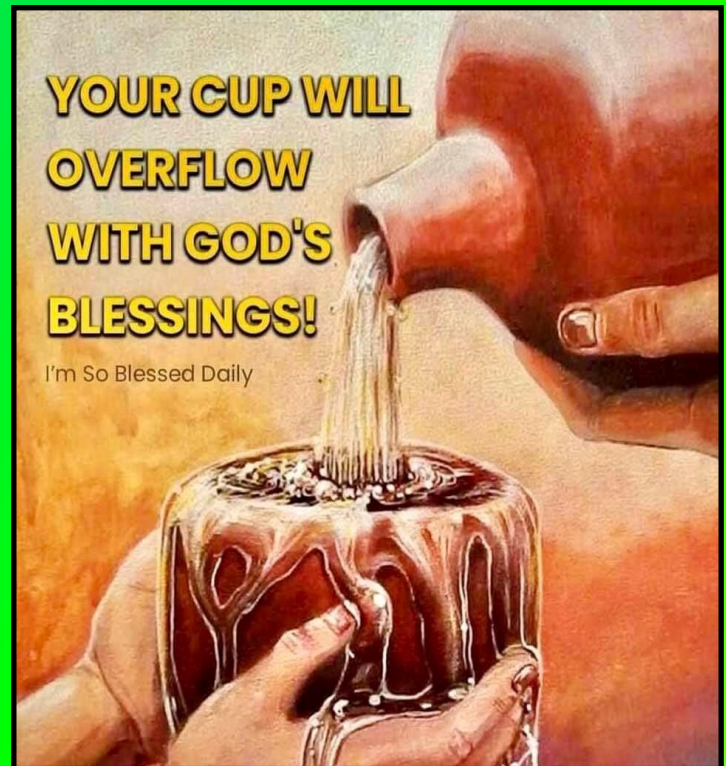




# RELIGION



"when you get what you want, that's God's direction. when you don't get what you want, that's God's protection."



No matter how  
stressed you are,  
remember how blessed  
you are.  
As long as you are  
alive, there's still  
hope that  
***God has other plans  
for you.***





# GASH GOLF DAY

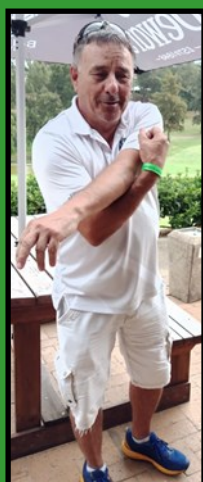
Deur Ancolet Boonzaaier

## GASH GOLF DAY 11 MARCH 2022

Since last year the idea of a GASH Golf Day started to sprout. Hard work went into all the planning, coordination, behind the scenes activities and obtaining sponsors to make sure that this was a successful day to remember - the first of more GASH Golf days.

It was all-hands-on deck from day 1 of 2022 to pull all the strings together slowly but surely for this important day. The focus for us as staff was to make sure that all had a day to remember and to make some money for our OT fund that can be used for our residents.

This memorable event took place at the Bellville Golf Club. All staff members involved on the day met each other early at the venue to set up and make sure all was in order. The day started off very hot and in typical Cape Town weather, changed to a thunderstorm that cooled us off just a little bit.





# GASH GOLF DAY

Deur Ancolet Boonzaaier

Bianca du Plooy, Natalhie Abrahams and Annelize Swartz were the ladies at the registration table assisting all the entered teams. They also “doubled” as a formidable sales team and sold raffle and mulligan tickets.

Abri Jacobson and Ancolet Boonzaaier manned our GASH hotdog stand and handed out a “cold one” at the halfway mark. (Golf is VERY exhausting – those guys were hungry and thirsty and appreciated our stall very much!)

Schoeman Roos played as part of our GASH team and Annamarie made sure all went according to plan.

Each sponsor had a “water hole” at every second hole to promote their brands. We would also like to thank each sponsor for assisting us in making this day such a great event.





# GASH GOLF DAY

Deur Ancolet Boonzaaier

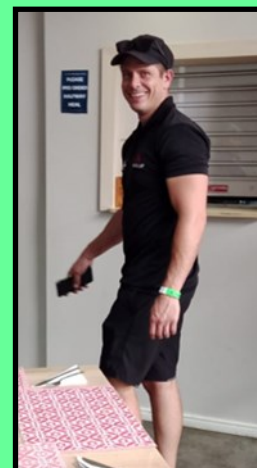
The day was ended with an evening full of prizes, auctioneers and a supper for all.

A BIG thank you to each person who played a part in making this day a huge success!!  
The next one will be epic and so each year it will be bigger and better!!

Thanks to each team who entered and enjoyed the day with us.

## A VERY SPECAIL THANK YOU TO ALL OUR SPONSORS:

BRIGHTS HARDWARE STORE  
THE DAILY GOLFER  
WESTERN PROVINCE CATERERS  
INFINITE OUTSOURCE SOLUTIONS  
BEYERS TRUTER  
QUICKSHADE  
MKEM  
ACD BELLVILLE  
DYNACHEM SPECIALITY CHEMICALS SOLUTIONS  
YSTERPLAAT MEDICAL SUPPLIERS CC  
CLEANGO  
GARDIER SECURITY SERVICES  
GUTTERSCIENCE  
IKON OFFICE TECHNOLOGY  
INFIN8  
DISCOVERY HEALTH  
MOMENTUM  
KAREL HOME BUILDERS  
MODS PROJECTS  
RETIREMENT SA  
GERHARD ROOS





# GELOOF



**Verdwaalde ek**  
Soms, Here,  
is my hart se Google-kaart  
deurmekaar.  
My GPS na U toe tjoepstil.  
Dankie dat ek sulke tye  
maar net weer  
voor U en U Woord kan kniel.  
En kan wag...  
op die sagte aanraking  
van U hand op my skouer.  
Op die fluistering van:  
"Hier is die pad.  
Kom hierlangs."



**As jy vandag vir die  
Here sou sê;  
"Here, my hart is in n knoop  
gebind, ek is moeg  
baklei teen die stormwind,  
ek wil asseblief net weer  
rus en vrede vind"..  
Sal die Here vir jou sê;  
"Jy is mos My kind, jy is met  
My Anker van Liefde  
gebind, raak stil en rustig,  
by My sal jy weer rus  
en vrede vind"**



# VALENTYNSDAG

Deur Mev. J Stephan

18 FEBRUARIE 2022

Starck Homes se Valentyns ete met 'n rooi en wit tema vir die inwoners was 'n vrolike geselsgeleentheid, nog vroliker gemaak deur Nick Stevens se opgewekte sang.

Gunsteling liedjies soos Neil Diamond se Sweet Caroline, Waltsing Mathilda, Liefling, Blueberry Hill en vele meer het gesorg vir 'n feestelike stemming.





# VALENTYNSDAG

Deur Mev. J Stephan

Die interessante maaltyd is vooraf gegaan deur beetsop in 'n paslike laventel kleur wat met 'n room hartjie versier is, gevolg deur 'n ligte maaltyd van drie geregte, waarvan die pampoenkoekie 'n besliste gunsteling was en gevolg is deur 'n ewe kleurvolle nagereg met styfgeklopte roomvulsel in laventel kleur op 'n brosbroom koekie, met 'n sjokoladeballetjie daarby.

Stevens het die geleentheid help afsluit met danslekker-liedjies soos onder andere Achy Breaky Heart en Pretty Belinda wat voete behoorlik aan die roer gekry het.





# VALENTYNSDAG

Deur Mev. J Stephan

Niemand kan kla dat hulle Valentynsdag nie behoorlik kon vier nie.

Te danke aan Mev. Linda von Saman het die trek van gelukkige nommers gesorg vir Valentyn presentjies aan baie van die gaste, wat die dag nog ekstra plesierig gemaak het.

'n Geleentheid om nie te vergeet nie!

Ons sien uit na die volgende geselligheid!!





# VALENTYNSDAG





# VALENTYNSDAG





# HAPPENINGS/MAINTENANCE

## ROSE'S CAFÉ

OUR LITTLE SHOP GOT A NEW LOOK AS WELL AS NEW MANAGEMENT!! WPC WILL BRING YOU SCRUMPTIOUS TREATS! COME VISIT US AND BRING YOUR FRIENDS AND FAMILY FOR A CUPPA!! ALSO OPEN ON WEEKENDS.



OUR SWIMMING POOL GOT A MAKEOVER! THE FIBRE GLASS WAS PROTRUDING IN SOME PLACES AND THE PAVING WAS UNEVEN, MAKING IT UNSAFE FOR OUR RESIDENTS!



GEORGE AND ANNIE STARCK HOMES ARE GETTING FAMOUS! NETFLIX SHOT SOME SCENES FOR THE NEXT SEASON OF THE SERIES "BLOOD & WATER" ON THE 11TH OF MARCH AND 21 - 26 MARCH.



# BAIE GELUK!!

Deur Ancolet Boonzaier

## FRANS SWANEPOEL EN ANNEMIE HUSKISSON RAAK VERLOOF!

9 FEBRUARIE 2022

Hierdie spesiale gebeurtenis het ons as kollegas op 10 Februarie 2022 gevier.

Vroegoggend het almal van Oosterzee kantoor vinnig hand bygesit om alles gereed en gereël te kry om hierdie twee spesiale mense geluk te wens.

Wat 'n voorreg dat Annemie se Pa ook die geleentheid kon bywoon.

Ons kollega, Annemie en jarelange SMA inwoner Frans het besluit dit is tyd vir 'n nuwe fase in hulle lewens.

Baie geluk, alle voorspoed en mag God julle huwelik sien!

Geniet elke oomblik van hierdie nuwe hoofstuk!!





# SAACA FUNDRAISER

By Bianca du Plooy

**FUNDRAISER**  
ANIMAL CANCER ASSOCIATION



## ANIMAL CANCER ASSOCIATION

### POTJIEKOS COMPETITION

2 APRIL 2022 - GASH PREMISES

The George and Annie Starck Homes hosted a Potjiekos Competition on our croquet field.

Western Province Caterers and The Animal Cancer Association of South Africa (SAACA) hosted the event for dogs suffering with cancer.

The theme for the competition was “Around the World” and contestants were asked to choose a country and cook a potjie native to their chosen country.

At 7am the croquet field was abuzz with activity, with all the teams setting up their gazebos, decorating their stands and starting their fires. The atmosphere was ablaze with excitement as each team was sure that *their* team would be the winning team. That said, there was great camaraderie amongst the competing teams by sharing utensils and ingredients with those in need.





# SAACA FUNDRAISER

By Bianca du Plooy

Some teams went all out and prepared starters, mains as well as deserts, with tables heavily laden with snacks and decorations, whilst other teams took the simple approach of clean, uncluttered tables and let their cooking do the talking.

## Judging was done on the following criteria:

Taste  
Handling of fire  
Theme of the team  
Side dishes  
Overall pot  
Creativity





# SAACA FUNDRAISER

By Bianca du Plooy

Congratulations to the winning team – Legato Retirement Village with their lamb curry potjie!

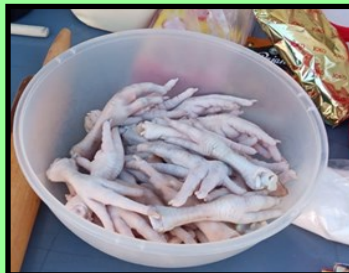
Overall, an enjoyable day was had by the contestants as well as the GASH and SMA residents who came out to support the various teams and stalls.

A big thank you to WPC, SAACA, Lorette Brink and Holtman Taute for a well organised day.





# SAACA FUNDRAISER





# CHH PRODUKSIES

Deur Mev. Stephan

## CCH PRODUKSIES – 6 APRIL 2022

Die Western Province Sanggroep, Taryn Fox, Enzo Tame, Byron Olivato en Liandé Valentyn is al bekend vir hul lewendige en aksiebelaaide sangkonserte.

By 'n vorige geleentheid (25 Februarie 2022) het hulle as kokke 'n heerlike maaltyd al singende en met bygaande aksies aangebied. Daar is afgeskop met “Food, glorius food”, gevolg deur “Cheese burger in paradise”, “Jambalaya”, Day-o Banana boat-song”, “Java Jive” en “Biscuits”. Dis opgevolg met “La Vie en Rose”, “I can't help myself”, “Sugar pie honeybunch” en “I hate you, then I love you”. Hulle het geëindig met “We all stand together”.

Hierdie keer bied hul 'n Queen konsert so uit die boeke aan. Byron was 'n uitmuntende Queen met “Don't stop me now” en “I want to break free”. Liandé as Tina Turner sing “Simply the best” en “Proud Mary”. Byron as Steve Wonder sing “My Cherié Amour” en “I just called” en Liandé as Celine Dion sing “All coming back to me now” en “My heart will go on”. Byron was weer 'n uitstekende Elvis met “Can't help falling in love” en “Blue suede shoes”, Elvis-bewegings en al. Liandé as Shirley Bassey sing “Diamonds are forever” en Enzo se weergawe as Luciano Pavarothi van “Caruso” was onverbeterlik. Taryn as Sarah Brihgtman bekoor met “Music of the Night”.

Vertonings deur die groep sorg altyd vir groot plesier en genot. Mag hulle nog lank aanhou om ons te vermaak met hulle uitstekende kuns.





# KRISTA VERJAAR

Deur Ancolet Boonzaaier



Nadat ons vorige uitgawe van die Starck Truth gepubliseer is, het ons verskeie persoonelude se verjaardae gevier:

Eerstens was ons verpleegdiensbestuurder - Krista de Villiers

Ons het 'n baie lekker "DIY" hamburger feesmaal gehad en Krista het ons bederf met haar heerlike tuisgemaakte kaaskoek!!

Haar verjaardag van 12 Januarie het ons gevier op die 31 Januarie. Ons wens haar alle voorspoed toe vir haar nuwe lewensjaar!!





# PERSONEEL VERJAARDAE

Deur Ancolet Boonzaaier

## 26 MAART 2022

Ons drie Maart babas (kollegas)!! Hulle spesiale datums is:

Tielman Jordaan:	Vervoer Spesialis	2 Maart
Penny Kelly:	Algemene Assistent Spesialis	13 Maart
Abri Jacobson:	Onderhoudsbestuurder	27 Maart

Met hierdie geleentheid het ons ook sommer ons nuwe personeelarea ingewy wat vir ons ingerig is, aangesien dit nodig was om die vorige area in 'n kantoor te omskep.

Hier het Abri op die gasbraai vir ons heerlike "patties" gebraai, aangesien ons weer verkies het om oor ons etensuur bymekaar te kom vir die vieringe.

Annamarie het elke personeellid gevra of hulle iets oor elke Maart baba wou sê. Elkeen het gepraat, alhoewel die deurlopende stelling was dat dit nie eintlik werkskollegas is nie, maar eerder vriende, asook elkeen se bydrae tot 'n suksesvolle besigheid.

Vir hulle 3 wens ons as kollegas ook alle vreugde, gesondheid en voorspoed toe vir die nuwe lewensjaar wat voorlê.





# LIFE HACKS

## The Better Way To Pour Milk

Have you ever tried to fill up a bowl of cereal or pour a glass of milk only to spill it? Although it's no use crying over spilled milk, you can try the right way to avoid it. The next time you try to pour milk, simply go with this simple trick: Just pour milk from the other side of the carton. It not only helps in holding the carton more easily, but also avoids milk sloshing. Just give it a try and then let us know if it worked for you.



## It's Actually A Built In Saucepan Handle

Some people love cooking while others have to do it because of two reasons: they don't want to eat outside or they are done with ordering online food. Once you are done cooking, you have to deal with the next part of cleaning (which you don't like unless you are Monica Geller). Most of us just dip a spoon in a saucepan and leave it on the countertop. But did you know that there's a hole in the saucepan handle where you can easily balance the spoon? Next time you cook something, just use it to avoid clean-up after cooking.

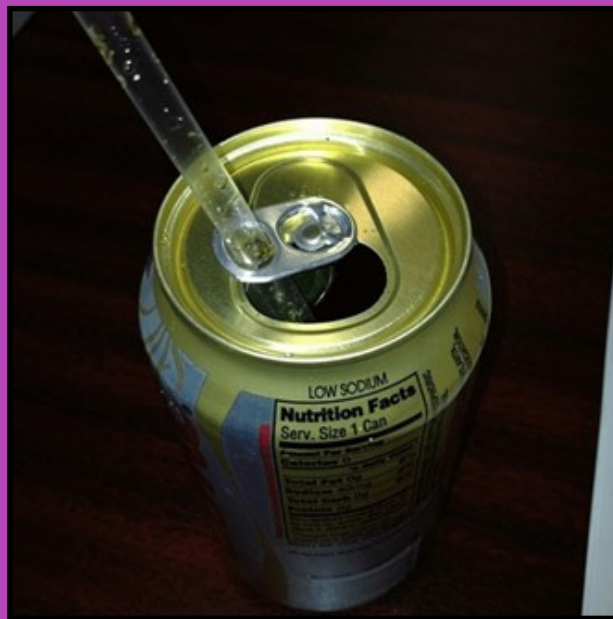




# LIFE HACKS

## Soda Can Tab Has A Secret Second Purpose

Although a tab of a soda can seems like it serves just one obvious purpose, not many people know that it is designed for another purpose as well. So there is a hole in the tab that can be used to make sure your straw doesn't fall out. Simply put the straw through the hole and you can enjoy the drink much more easily.



## No Need To Struggle With An Aluminum Foil Box

We miss a lot of little details in many everyday items that we use. Although those little details can be really useful, we never care enough to look closely. Take for example an aluminum foil box. There's a little tab on one side of the box that you can push in. It helps in holding the roll of aluminum foil in place. It makes it a lot easier to unroll a sheet of foil and tear it off.





# WORD SEARCH

## Sight Seeing

O D L O H E B S Q U I N T G L  
G N I E E S P E M N H S E L L  
O A D T P V W E I V P L P A A  
A E V I E C R E P E R O O N B  
P B P E E R L E C A C R C C E  
U V I S I O N T S L C G S E Y  
P B O N O S A E E B P N S A E  
I E G K O C V A V U O E T N T  
L M L E L C R A M S L T E I H  
E R A E V F U L O P L T C T C  
L G S Y I R I L M K P E T E T  
P M S E N A O E A E E H F R A  
F N O S V U G I E R G E D P W  
H V S T A R E P R I A V P C R  
M O N O C L E C S P W P W A E

Behold  
Binocular  
Clear  
Eyeball  
Eyes  
Glance  
Glass  
Look  
Lorgnette  
Monocle  
Observe  
Peek  
Peep  
Peer



# ROOMS/LIFE RIGHT UNITS

Annemie Huskisson and Schoeman Roos

## ASSISTED LIVING AVAILABLE ROOMS:

TROVATO  
RUVEE  
OOSTERZEE  
THE BARN  
BON ACCORD  
BOW BELLS  
LIDCOTE

CONTACT ANNEMIE  
021 948 1844 EXT. 243

## LIFERIGHTS

CONTACT SCHOEMAN  
021 948 1844 EXT.104



**LIFE RIGHT UNITS STARTING FROM R1.4MILLION  
NO TRANSFER FEES OR REGISTRATION COST**

Contact us for more information about our rooms available in assisted living and frailcare.

Services we offer:

- ✓ Security Services
- ✓ Garden Services
- ✓ Emergency response from our nursing component
- ✓ Hair dresser on the property
- ✓ Various Activities
- ✓ Maintenance outside of the building
- ✓ Water
- ✓ Insurance of the building
- ✓ Meals available on order



## 2022 OPENDAYS:

**5 MAY**

**8 JUNE**

**6 JULY**

**3 AUGUST**

**7 SEPTEMBER**

**5 OCTOBER**



# RECIPE: MELT-IN-THE-MOUTH BISCUITS

By Dominico Beukes



Makes about 80 biscuits

(these biscuits are made in a jiffy and delicious for teatime)

## INGREDIENTS:

500g x margarine  
125ml x cooking oil  
250ml x castor sugar  
700g x self-raising flour

Preheat the oven to 180°C



## METHOD:

Beat the butter, oil, and castor sugar together until light and creamy.  
Add one cup of flour at a time, mixing the dough with your hands.  
Add more flour if the dough is sticky.  
Place the dough on a floured surface and roll out until about 5 mm thick.  
Cut out biscuits with a biscuit cutter or glass.  
Arrange the biscuits on baking trays which have been sprayed with non-stick spray.  
Bake for 10-20 minutes.  
Remove from the oven and leave to cool.

## HINT:

You can also make icing and use it as a filling for sandwiching the biscuits.





# INSPIRATION

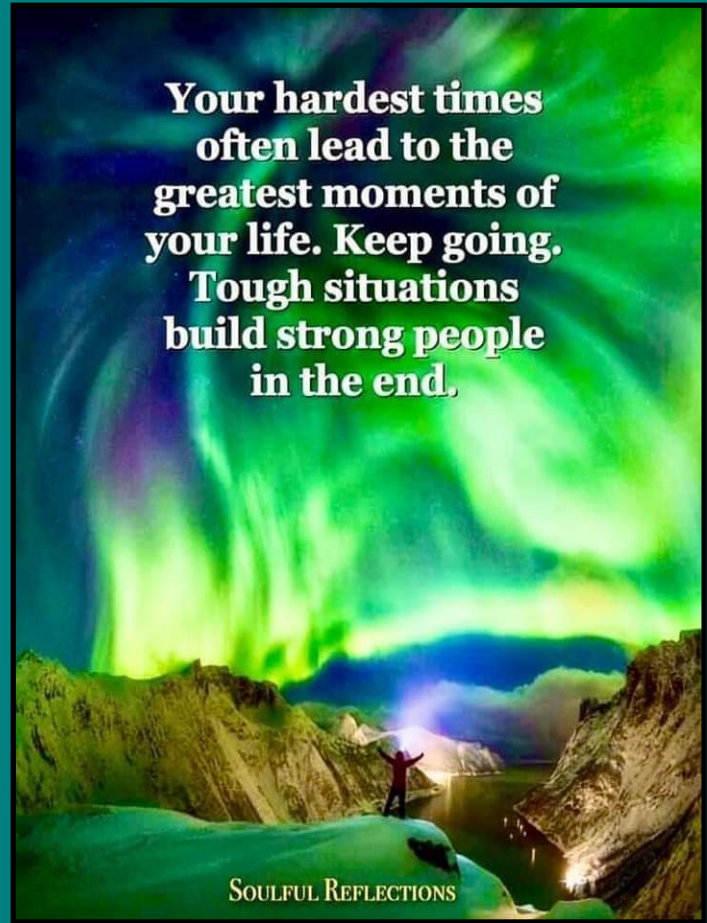
No matter how happy someone may seem, they have moments when they question if they can go on. No matter how confident someone may look, there are times when they feel unsure and insecure. And no matter how strong someone may appear, they have days when they feel like they're falling apart. Never think for a moment you're alone with your struggles. You are not a mess. You're human.

Lori Deschene



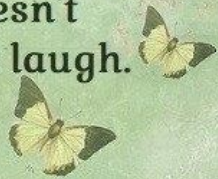
Understanding  
Compassion  
UnderstandingCompassion.com

Your hardest times often lead to the greatest moments of your life. Keep going. Tough situations build strong people in the end.



SOULFUL REFLECTIONS

Everything in life is temporary. Just because life isn't easy at the moment, doesn't mean you can't laugh. Just because something is bothering you doesn't mean you can't smile. Every moment gives you a new beginning and a new ending. You get a second chance, every second. You just have to take it and make the best of it. Nothing lasts forever.



Facebook.com/ThinkPositivePower

THERE ARE SOME PEOPLE IN LIFE THAT MAKE YOU LAUGH A LITTLE LOUDER, SMILE A LITTLE BIGGER AND LIVE JUST A LITTLE BIT BETTER

natural life  
you love laugh



# INSPIRASIE





# WOORDSOEK



- |           |          |           |          |             |
|-----------|----------|-----------|----------|-------------|
| Bach      | Debussy  | Lehar     | Puccini  | Stravinsk   |
| Bernstein | Dvorak   | Liszt     | Ravel    | Tannhauser  |
| Bizet     | Handel   | Mahler    | Schubert | Tchaikovsky |
| Brahms    | Hoffmann | Mozart    | Sibelius | Verdi       |
| Chopin    | Kreisler | Prokofiev | Strauss  | Vivaldi     |

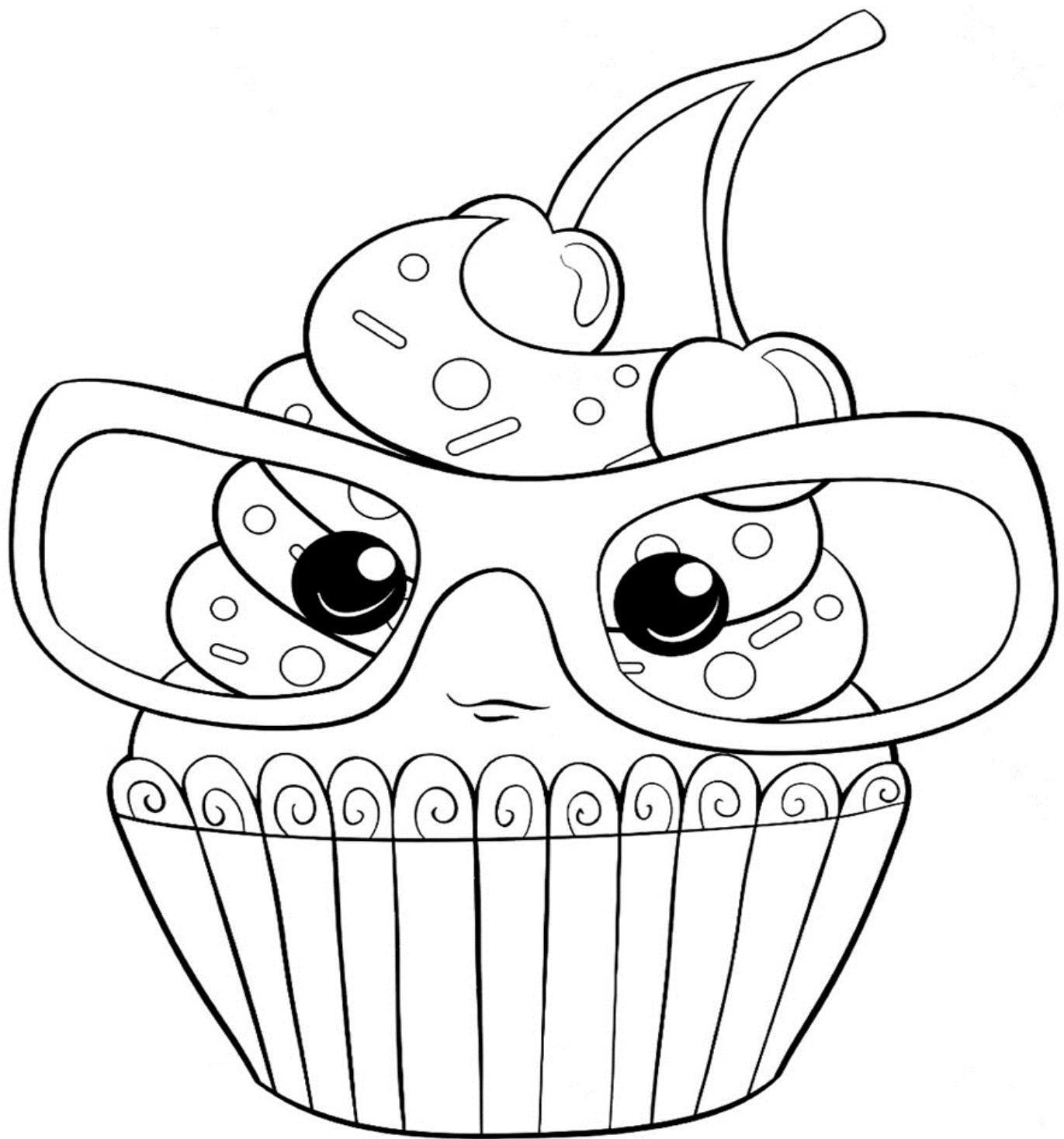


# SUDOKU

1						2		
		3			2	4	9	
	9	4	3					7
5		2		9			6	8
				2				
6	1			3		9		5
4					7	8	3	
	2	1	8			5		
		9						4



COLOURING / KLEUR IN



*Just Color*



# WORD ART

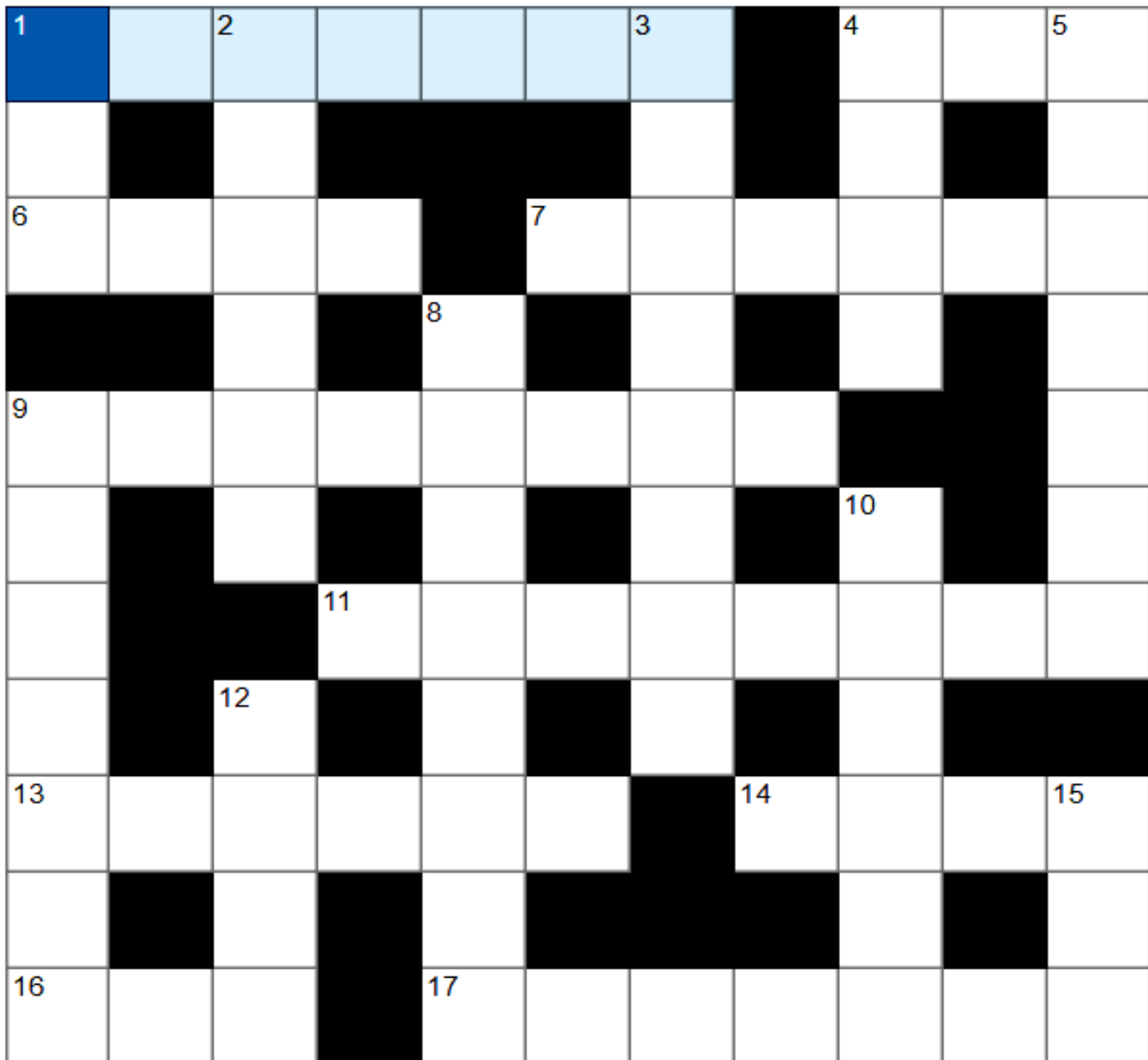
## THE MAN IN THE GLASS

WHEN YOU GET WHAT YOU WANT IN YOUR STRUGGLE FOR SELF,  
AND THE WORLD MAKES YOU KING FOR A DAY,  
THEN GO TO THE MIRROR AND LOOK AT YOURSELF,  
AND SEE WHAT THAT MAN HAS TO SAY.  
FOR IT ISN'T A MAN'S FATHER, MOTHER OR WIFE,  
WHOSE JUDGEMENT UPON HIM MUST PASS,  
THE FELLOW WHOSE VERDICT COUNTS MOST IN LIFE,  
IS THE MAN STARING BACK FROM THE GLASS.  
HE'S THE FELLOW TO PLEASE, NEVER MIND ALL THE REST,  
FOR HE'S WITH YOU CLEAR TO THE END,  
AND YOU'VE PASSED YOUR MOST DANGEROUS, DIFFICULT TEST,  
IF THE MAN IN THE GLASS IS YOUR FRIEND.  
YOU CAN FOOL THE WHOLE WORLD DOWN THE PATHWAY OF YEARS,  
AND GET PATS ON THE BACK AS YOU PASS,  
BUT THE FINAL REWARD WILL BE HEARTACHE AND TEARS,  
IF YOU'VE CHEATED THE MAN IN THE GLASS.

PETER DALE WIMBROW SR



# BLOKRAAI



## DWARS

- 1 Beterweterige kind
- 4 Ná Spreuke
- 6 Memo
- 7 'n Sitrusvrug
- 9 Sodanig
- 11 Die kern
- 13 Geruime tyd reeds
- 14 Rusplek vir bote
- 16 Motor
- 17 Heeltemal deurdrenk

## AF

- 1 Toestel wat kaf van graan skei
- 2 Hekelende geskrif
- 3 Dra dit aan die voete (deftig)
- 4 'n Bybelboek
- 5 Opwaarts
- 8 Vier dit op 24 Desember
- 9 Baie gevaarlik
- 10 Watermassa
- 12 Moestas
- 15 Klein groentesoort



# WOORDKUNS

## HOU AAN

Aanhou en deurbyt, vashou en vasbyt, uithou en standhou. Traanhou en pashou, weghou en reghou. Altyd weer die hand op die stoom hou en gedurigdeur jouself weer in toomhou - dis wat geloof en christelikheid is, en nie 'n rondvallery, 'n hier en dan daar weer probeer nie, 'n groot entoesiasme wat net 'n week of 'n dag lank hou nie. NEE, dis deurbyt en afbyt, dis moeilikhede kafbyt, dis aanhou byt die heeltyd van kloklui tot speeltyd. Van werktyd tot maaltyd tot die HEER ons kom haaltyd! ((Annatjie Dwinger))



# KOM ONS LAG



het jy geweet  
die middel van  
'n oliebol is  
100% vetvry?



Kan die banke nie ook  
specials he nie?

Miskien iets soos

Trek R500 en kry R300 gratis

**Die kinders van  
vandag sal ons  
nie glo, as ons  
vir hulle sê dat  
daar 'n nommer  
was wat ons kon  
bel, wat vir jou  
sê hoe laat  
dit is nie.**

@boontasties

@boontasties



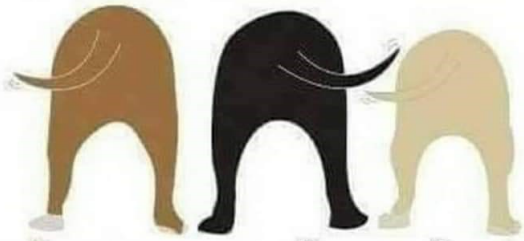
Die mense moet nou  
ophou hul hare  
grys dye

Ekt nou amper  
iemand oor die  
pad gehelp wat  
saam my op  
skool was



# LET'S HAVE A LAUGH

Money can buy a lot of things,



But it doesn't wiggle its butt  
everytime you come in the door



**GETTING OLDER  
SUCKS.**

**I USED TO WAKE  
UP FEELING LIKE  
A MILLION  
BUCKS.**

**NOW I  
FEEL  
MORE  
LIKE A  
BOUNCED  
CHECK.**



**I Do not snore! I just  
Dream I'm a  
motorcycle!**





# OPLOSSINGS/SOLUTIONS

## WOORD SOEK



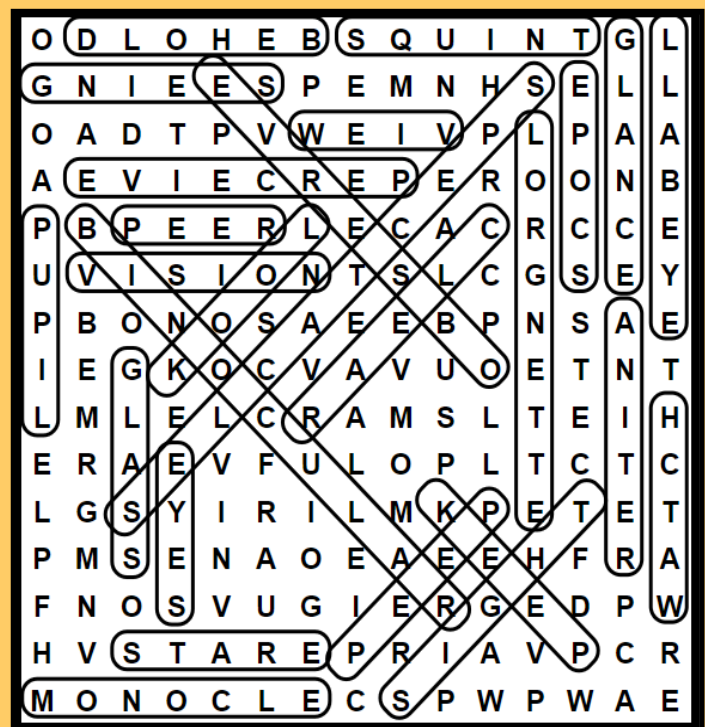
## SODUKO

1	7	6	5	4	9	2	8	3
8	5	3	1	7	2	4	9	6
2	9	4	3	8	6	1	5	7
5	4	2	7	9	1	3	6	8
9	3	8	6	2	5	7	4	1
6	1	7	4	3	8	9	2	5
4	6	5	9	1	7	8	3	2
3	2	1	8	6	4	5	7	9
7	8	9	2	5	3	6	1	4

## BLOKRAAI

1	W	Y	2	S	N	E	U	3	S	4	J	O	5	B								
A		A						K		O				O								
6	N	O	T	A				7	P	O	M	E	L	O								
		I					8	K		E		L		N								
9	D	E	R	G	E	L	I	K						T								
O		E		R						10	S			O								
D							11	E	S	S	E	N	S	I	E							
E							12	S		A		L		E								
13	L	A	N	K	A	L							14	H	A	W	15	E				
I		O													A			R				
16	K	A	R												17	D	E	U	R	N	A	T

## WORD SEARCH





## **RESIDENTS/INWONERS**

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**ONS WAG VIR U BYDRAES!!**

**PLEASE SEND YOUR CONTRIBUTIONS TO THE OFFICE. INCLUDE A PICTURE IF YOU CAN! WE ARE NOT ALLOWED TO PUBLISH MAGAZINE ARTICLES. WE WILL KEEP YOUR CONTRIBUTION AND IT WILL BE USED IN FUTURE PUBLICATIONS!**

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